



ISLAND EPICUREAN FOOD CO.

salad in a jar

ADD SHRIMP | 3.25 • ADD CHICKEN OR BEEF | 2.75 • BRING YOUR JAR BACK FOR \$2 OFF!!

GREEK

olive oil and vinegar, red onion, cucumber, feta, tomatoes, kalamata olives | 11

SPRING

strawberry-lemon vinaigrette, radish, pickled red onion, strawberries, queso fresco, toasted sun flower seeds | 11

SOUTHWESTERN

mixed greens, chipotle ranch dressing, black beans, corn, tomato, cheddar | 11

CAESAR

crispy romaine lettuce, parmesan, croutons, and housemade ceaser dressing | 11

THAI

ginger-soy vinaigrette, carrots, red pepper, cilantro toasted peanuts, tomato, fresh jalapeno | 11

main course

CHICKEN POT PIE

family style, flaky pie crust | 18

LASAGNA

small 18 • large 26

BEEF STROGANOFF

18

HERB ROASTED CHICKEN FRICASSÉ

herb marinated chicken, roasted marble potatoes, chasseur sauce | half 16 • whole 24

ENCHILADAS

creamy shredded (choice of) chicken or beef rolled into a 6" corn tortilla, topped with cheddar and zesty enchilada sauce | small 14 • large 22

CHICKEN MARSALA

seared chicken breast, mushroom, marsala wine | 18

ROYAL RED LOW COUNTRY BOIL

conecuh sausage, corn, marble potatoes, whole garlic, white onion | 2lbs. - 18

ROYAL RED SHRIMP SCAMPI

herbed gulf shrimp sautéed with garlic, shallots, and butter over angel hair pasta | 18

PEEL AND EAT ROYAL RED SHRIMP

with cocktail sauce | Pint 9

SMOKED PORK BUTT

small 22 • large 36

SMOKED BRISKET

18 per lb.

ROASTED PORK TENDERLOIN

half 18 • whole 26

SMOKED MEMPHIS STYLE HOT WINGS

10 dry rub - medium - hot | 12

bowls & soups

CITRUS CHICKEN BOWL

lemon zested chicken breast, kale, brown rice pilaf, orange supreme, green goddess avocado sauce | 14

FIESTA BOWL

cumin grilled chicken, corn, red onions, bell pepper, brown rice, pico de gallo, cilantro, queso fresco | 14

KOREAN BOWL

gochujang marinated beef sirloin, quinoa, cucumber, mushrooms, kale, carrot, zucchini, scallion, ginger-soy dressing | 12

CHICKEN AND CONECHU GUMBO

pint 8 • quart 15

SHRIMP BISQUE

pint 14 • quart 22

VEGETABLE CHICKEN NOODLE

pint 7 • quart 11

sides

CHICKEN SALAD | pint 7 • quart 13

POTATO SALAD | pint 5 • quart 8

SEASONAL VEGGIES | 7

TWICE BAKED POTATO | 5

MASHED POTATOES | pint 5 • quart 8

SWEET POTATO MASH | pint 5 • quart 8

CAULIFLOWER MASH | pint 5 • quart 8

CREAMY SPINACH ORZO PASTA | pint 8 • quart 13

SIDE SALAD mixed lettuce, tomato, red onion, ranch dressing | 5

6 DINNER ROLLS | 5

2 ROASTED CORN ON THE COB | 3

CHEESY BREAD | 9

SMOKED TUNA DIP with pita chips | pint 12 • quart 26



Delivery Available

TO ORDER OR PLACE CATERING RESERVATIONS 251-223-6989

WWW.ISLANDEPICUREAN.COM